

HAPPY CANADA DAY

**The Faster You
Adapt, The Easier It
Will Become -
Sh. Naeem Bhai Bhujwala**



UMOOR SPOTLIGHT

DEENIYAH



**DIL
MANGO
MORE!!**

CONTENTS

03

**FROM AAMIL SAHEB'S
DESK**

04

**HUMANS OF SAUGA:
INTERVIEW-SHK. NAEEM BHAI BHUJWALA**

06

ASHARA 1446H

09

**CURRENT EVENTS:
UNITY IN SERVICE**

11

**CURRENT EVENTS:
FOOD BANK**

13

**CURRENT EVENTS:
BUDDING SCIENTISTS
MAKE A MARK**

16

**CURRENT EVENTS:
EMPOWERING
COUNSELLORS**

18

**CURRENT EVENTS:
LADIES GAMES
GALA**

20

**CURRENT EVENTS:
TOLOBA BOARD
GAMES NIGHT**

22

**CURRENT EVENTS:
FMB GRAND
PICNIC**

25

**CURRENT EVENTS:
EID MILAN
FESTIVAL 2024**

27

**HUMOUR:
SAINT-LOUIS-DU-
HA!-HA!**

29

**DIY:
DON'T GLAMP GO
CAMP**

31

**CUISINE:
DIL MANGO MORE!**

قال امير المؤمنين ع "سورك بالدنيا غرور"

"YOUR DELIGHT WITH THIS WORLD IS [A KIND OF] SELF-DELUSION."
MAULANA ALI IBNE ABI TALIB AS

This world is full of wonders that may distract us from the purpose of our existence.

Does that mean that we shouldn't be delighted by the bounties that Allah has blessed us with—the food we eat, the clothes we wear, and the sights we see?

No, the kalam of Amir-ul-mumineen has a deeper meaning. It means that when you are amazed or delighted by worldly pleasures, instead of being distracted from the purpose of your existence, strive to understand it. Instead of being happy with temporary pleasure, try to attain true and eternal happiness.

Many of us think that striking a balance between faith (deen) and worldly comforts (dunya) implies practicing a little bit of faith, but at one's own convenience, while fully enjoying material pleasures. This is a fallacy that most choose to use to justify their actions or lack of conviction towards spirituality.

Deen is not a set of rituals that you can practice when you desire; deen is not praying and fasting occasionally; and deen is certainly not a trend that you can follow based on shifting likes and dislikes.

Deen is but a way of life—entrenched in a set of principles and guidelines that help you lead a life humanely, striking a perfect balance between faith and worldly comforts—that certainly makes you liberal in the truest sense, while liberating you from worldly confines and self-delusion.

Laws are formulated to strike a balance in society, and safeguard and uphold moral values and rights that guide human behaviour. When one disobeys these laws, they are not only subject to punishment, but are also no longer considered 'free' or 'liberal'. Similarly, deen is a set of laws for mankind which is a single, undivided nation for Allah. By respecting and following these laws you are indeed being a good, free, and liberal human being.

The real balance lies in taking pleasure in worldly comforts within the boundaries of deen and freeing yourself from distraction and self-delusion. May Allah Ta'ala grant us the wisdom to take pride in living a life guided by the teachings of His Awliya al Kiram to truly appreciate the marvels of this world and hereafter.

Abde Syedna TUS
BEHLAH AYMAN

INTERVIEW SHK. NAEEM BHAI BHUJWALA

Shk. Naeem bhai Bhujwala came to Canada in the year 1990, and was instrumental in the construction of Masjid us Saifee in Toronto. Today we are immensely proud to present to you the interview of the Walimullah of Mississauga since 2008, on whom, Aqa Maula Syedna Mohammed Burhanuddin (RA) bestowed hadiyat sharaf during the safar of 2000.



Question 1
You are known to be like a coconut, soft from inside and hard from outside. What makes you like that?

Answer:

I feel like I am conferred with a title, Alhamdolillah, I willingly accept it. I would say most of it comes from my upbringing, the way my parents brought me up, has made me immensely resilient and a problem solver. The atmosphere at home also has its share. The credit goes to my parents and my grandmother. The world is tough to handle, and we all need to survive. Hence I believe, the faster you adapt the easier it will become.

Question 2

You have been the Walimullah of the Mississauga jamaat since the year 2008, please share your experience with us.

Answer:

First of all, I would say, Alhamdolillah, it has been an absolute honour to be in that position. Verily, it is the blessing of our beloved Aqa Maula and nothing else, it is way beyond what I deserve. As a Walimullah my main focus is to attain Khushi Mubarak of Aqa Maula. Before taking any decision, I introspect, will this make Aqa Maula happy? Is this in any way beneficial to mumineen? I benevolently follow that principle and persist my fellow mumineen to walk on the same path.

Question 3

Everyone who knows you maintains that you are an ardent engineer. Please comment.

Answer:

Engineering, besides my profession, is my passion too. Whatever we do, should be done with conviction and to help the people. Your product must be durable, I always tell my customers, you may blow up the entire plant, but what I make will stay. Be it any profession, do it with passion and conviction. I do what I do with immense passion and to the best of my knowledge. I leave no stone unturned.

Question 4

It is a well known fact that you have often laid claims over Niagara Falls being a part of Mississauga jamaat, in spite of it being an evident fact that makes us believe otherwise. What is the reason behind this passion?

Answer:

(Chuckles) When Jamiat was established, two major jamaats - Anjuman-e-Burhani and Anjuman-e-Fakhri were formed. Now when the boundary of Anjuman-e-Fakhri was drawn in the year 2006, we received the Raza Mubarak up to Rochester in the USA. Now if that part of the States is under the jurisdiction of Anjuman-e-Fakhri, it is axiomatic that Niagara Falls also comes in the canopy of Amilsaheb of Mississauga.

Question 5

It is said that when you see a machine you have to open it up, how true is that?

Answer:

When I see a machine and it is working properly then I don't open it, I only rip it apart if it doesn't work. Remember, it is a machine, if it exists, which means someone has made it, and since it is made, it is repairable. My intention behind opening a machine is to improve it and make it better, and see how can we better put it to use for serving not only mumineen but the community at large.



Question 6

Would you like to send a message to the young khidmatguzars of our jamaat from your experience of serving the community for more than a decade?

Answer

Presence! That is very important in a team. I always tell my committee members, if you are not present, you don't get the job. In my teams, these three words are banned, Impossible, Pachi & Chalse. Life is too short for Pachi. Always remember, if you are doing khidmat, you can't let mumineen wait. It has to be done immediately.

INTERVIEWED BY:
MUSTAFA BHAI KUBBAWALA

MAIN NE KAHA TABEEB SE, SEENEY MAI DARD HAY NUSKHEY MEY USNE MATAM-E-SHABBIR LIKH DIYA

SAIFUDDIN BHAI KUVAWALA



● Picture taken during Lailate Jumua Matam Majlis

To me, *matam* is the ultimate ibadat. It is included as part of our *salaah* and in every occasion, be it happy or sad, as if our event is incomplete without the *zikr* of *Imam Husain AS*. I often wonder, “Why *matam* at the end of namaz?” Of course, an *aalim-e-deen* may have a different explanation for it, but for a layman *aashiq-e-Husain* like me, there is only one: after performing all the *sajadaat* and *tilaawaat* during namaz, I am signing it with the *waseela* of the one I always grieve for. My *aqaa* Husain, whom the Almighty loves so much that He has promised heaven for those who shed just one tear in remembering him.

I remember very well the words of Syedna Mohammed Burhanuddin RA at the Mombasa airport many years ago: “*Su najwa arz karso - tamara a'asoo ane matam na najwa ne lewa ayo chhu...*”

I remember, when I was very young - 5-6 years old - I used to go to *majlis* with my father. Every time the *matam* started, my father would strictly tell me, “Beta, when you do the *matam*, it should make a sound because when the angels above hear your *matam*, they inform Maula Hussain AS and Maulatena Fatema AS .” For a young boy of 5-6 years old, this explanation

I REMEMBER VERY WELL THE WORDS OF MOULA AND SHAFEEQ BAWASAHEBSYEDNA MOHAMMED BURHANUDDIN RA, AT THE MOMBASA AIRPORT MANY YEARS AGO: “SU NAJWA ARZ KARSO - TAMARA A'ASOO ANE MATAM NA NAJWA NE LEWA AYO CHHU...”

was more than enough. I tried to stretch my little hands as far as I could and hit my chest as hard as I could, and then I would ask my father if it was loud enough.

Fast forward to the present, spanning an entire lifetime, isn't this what my Maula RA is saying? *Aah o-bukaa* and *matam* are the two most distinctive characteristics loved by my only haqeeqi mata pita, my shafeeq Bawasaheb. Isn't this what my shafeeq Bawasaheb stresses upon in every majlis, especially in preparation for Ashara? That there is nothing that takes priority in those ten days over the *aah o-bukaa* and *pursa* for the 72 shohoda.

So, what would you do if you wanted your father to come and visit your home, especially if he hasn't visited you in 32 years? Would you not do everything and anything he loves so that he cannot resist your invitation? Would you not get the *waseela* from

someone whom he loves the most and just cannot turn down?

What better referral or *waseela* than *Sayyed-us-Shohada*? If you were in Karbala, would you not go to the *zareeh*, hold it, go down on your knees, and ask for the blessings of your Maula's TUS visit to your home? *Ashhado annaka tasma-ul-kalam wa taruddul-jawaab*.

So, the least we can do is to gather and perform *al noh wal aweel* every Laylatul Jumoa, the holiest night of the week, when the doors of heaven are wide open to your pleas.

Hoping the angels carry our desperate pleas to Imam Husain AS and in turn, Maula TUS's *roohani* and *noorani* presence would bless our sinning souls and our homes.

Have you ever found yourself at the edge of helplessness? You scream so hard because that is the only instant and uncontrollable way of releasing the feeling? What if the helplessness you feel is due to not being in Karbala at the time of the *shahadat* of Imam Husain AS? What if you wish you were

there, and you went to Imam Husain, sat on your knees, and haath jori ne, asked for raza to go to the battlefield...? Helplessness.

So, my Maula TUS taught us how to convey our helplessness to Maula Husain AS, Maulatena Fatema Zahra AS, and Moula Ali AS. You scream with a loud “aaaaaaah” in the only hope that Maula Husain, Maula Ali, and Maa Fatema Zahra can hear it and feel your sincerity in pain and helplessness, and thus accept your pain, your tears, and your *matam*. . The deeper the sense of helplessness, the louder the *noha* and *aweel*.

Isn't this the ultimate condolence to Imam Husain AS? The same Imam Husain AS who was so beloved to Allah Ta'ala that He showed it on many occasions—by breaking the pearl (one of seven) into two, sending new *poshaak* on Eid, honoring his promise by granting seven farzand, accepting *Fitris's* repentance by way of Imam Husain AS's *wasila*, and most of all, forgiving us sinful souls who passionately call out his name . Have you ever seen a mother scream, “Yaa Husain,” when her child is in danger? Or a man scream “Yaa Husain,” when his back is against the wall, feeling complete and utter helplessness?

Ashara Mubarak is around the corner. The ten days that every *mumin* wishes to be able to give *pursa* for the 72 shohoda to Maa Fatema Zahra and Maula Mufaddal, yet is always left with the feeling that “*ghulami ka jo haq thaa who adaa na huaa*.” Don't

you feel the ultimate helplessness at the end when hearing that Imam Husain AS was slaughtered and was attacked by every weapon in existence at that time, not even spared by the depravity of those who would pelt stones? When a father pulls out the spears from his 18-year-old's heart, pulling a piece of his heart with the spear, or an arrow from his 6-month-old's neck. Wishing you had shed a few more tears, raised your hands a few more times as far as you could, hit your chest a few more times, made a few more duas, screamed a few more times with “AAAAAAHHHs”... Complete and ultimate helplessness.

Isn't Ashara the time to show our complete helplessness? Maula TUS, please forgive us. We couldn't do more *noho aweel*. We tried, Maula, we really tried, but not as much as a *ghulaam* should.

Maula, hamaraa thora ne ghanu kari ne qabool kerjo, Maula.

**APNE GHAMOUN KAA BAS AB
YEH MATAM TABEEB HAY.
KUCH ROZ REH GAYE HAIN
AB, MOHARRAM QAREEB
HAY.**



UNITY IN SERVICE: AN APPRECIATION DINNER FOR THE FIRST RESPONDERS OF MISSISSAUGA – ZAINAB BEN KHORAKIWALA

The Dawoodi Bohras of Mississauga hosted an appreciation dinner, Unity in Service, to show their gratitude towards the selfless service of first responders—Peel Police and Fire and Emergency Services.



The event was attended by 16 officers including the Peel Police Board member, Len Carby, Deputy Chief of Police, Mark Dapat, Deputy Chief of Fire and Emergency Services, Stephane Malo and Cst. Lovejeet Bains. The event began with words of appreciation by janab Amil Saheb, Shk. Behlah bhai Ayman. Addressing the esteemed guests, he said, "Everyone aspires to help others in whatever way possible expecting no reward or appreciation in return."



They make it their mission to help others and these are our heroes. The selfless first responders who put their own lives at risk to assist us. We have hosted this dinner to show our appreciation for heroes like yourself."

The officers then received a tour of the masjid to learn about how community members congregate, the significance of masjid for the community, and how the masjid acts as a hub for Islamic education and social and cultural initiatives.



The tour was followed by dinner in the traditional Bohra style. Officers sat around the thaal on the floor, giving them an opportunity to interact with the community members and learn about the values of eating in company, showing respect for food, and ensuring no one leaves the thaal hungry. The appreciation dinner brought the community closer to first responders who came as guests and left as friends and family.



FOOD BANK

M. MUFADDAL BHAI SHAKIR

"The best way to help ourselves and the community is by becoming an active volunteer."

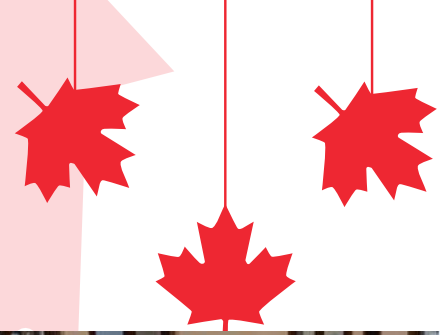


In the month of June, Jamaat Members and Members from Toloba and Taalebaat committees had the opportunity to volunteer at Food Banks Mississauga. The task was simple - to pack assorted food items into a cardboard box. After a brief orientation session, we were taken into the warehouse to begin our "two-hour shift". What appeared to be a straightforward task of picking and packing items actually made us realize how blessed we truly were. With every completed box, there was a sense of achievement - it would bring happiness to a family that needed it.

This was our driving force. The goal was to pack as many boxes as we could. Each one of us was operating on maximum throttle. In the end, we managed to sort and pack enough food to provide for 3251 meals. Two hours well spent! The staff at Food Banks Mississauga was impressed, and invited us to volunteer again.

Returning home, many of us wondered what Faizul Mawaid il-Burhaniyah meant in our lives. On one side there were people who relied on food banks to feed their family, and then there were mumineen who had food delivered to their doorsteps. Gratitude over gratitude! May Allah TA grant a healthy and long life to our beloved Aqa Maula (TUS) who feeds not only our bodies but also our souls.





BUDDING SCIENTISTS MAKE A MARK

FATEMA BEN LUNAWADI

In the month of Zilqaadatil Haraam, as part of the celebrations for Milad Mubarak of Syedna Taher Saifuddin R.A., who was an ocean of knowledge, a Science Fair was organized at the Mississauga Masjid complex.

Al Aqeeq Mumenaat, in collaboration with Umoor Taalimiyah, Umoor Faizil Mawaidil Burhaniyah and Umoor Kharijiyah took up the responsibility of the coordination, venue preparation, awareness and logistics of the event.

Seeking knowledge from the Ilm of Aale Mohammed and the wonders of science, models and experiments were on display to demonstrate scientific phenomenons, and offer spiritual insights.

Each exhibit enlightened visitors in connecting Islamic ideology with the world around us. The uniqueness and innovation on display was invigorating. Wouldn't it be amazing to create sustainable and renewable energy from the foot traffic generat-





ed in Ashara Mubarak? How can we learn from the Mrytle tree and heal ourselves through the Zikr of Imaam Husain A.S? As the uprooting of qaat in Haraaz turned an arid land to experience record rainfall, how can we ever be thankful enough to Maula TUS to keep us away from what destroys us?

Several dignitaries arrived to show their support for the cause. Councillors Brad Butt, Alvin Tedjo, and Sue McFadden, along with Carolyn Parrish and Imran Hasan, were present at the fair. The brilliance of each project and the originality of ideas proved an inspiration for us all.

EMPOWERING COUNSELLORS

A DAY OF LEARNING AND GROWTH
ZAINAB BEN YAMANI

On Saturday, May 4, 2024, the Taiseer un Nikah Committee (TNC) of Mississauga hosted an enriching training session for counsellors from Mississauga and Toronto. The full-day event, led by esteemed representatives Aamir Bhaisaheb and Mulla Murtaza bhai Ezzi from the North America TNC Satellite office in Los Angeles, aimed to enhance the counsellors' skills and knowledge, further empowering them to perform their khidmat.

The day commenced with Maula TUS's Kalemaat Nooraniyah, grounding participants in the spiritual significance of their khidmat. The session then introduced the TNC code of conduct, emphasizing the committee's mission and the critical role counselors play in supporting young individuals and their families through the journey of finding a life partner.

Counsellors gained insights into candidate demographics across North America and explored the diverse range of engaging initiatives organized by various Jamaats. These included impactful events like Taarufs, Social Events and Teen Tafrih, designed to nurture and support our vibrant community of youngsters.



Participants also received hands-on training on the technical tools utilized by TNC, ensuring they are thoroughly equipped to leverage these resources effectively.

The day concluded with each Jamaat's TNC team engaging in an open discussion with the facilitators. This session allowed for a candid exchange of ideas, challenges faced, and suggestions for improvement, providing valuable support and guidance.

This training session was a unique opportunity to further equip our capable counsellors, enhancing their ability to perform khidmat with compassion and expertise.





LADIES GAMES GALA

ZAHRA BEN MITHAIWALA

The Ladies Games Gala, hosted by the Bunayyatul Eidi Zahabi (BEZ) at the Mississauga Masjid, was a delightful event filled with laughter, competition, and camaraderie. This Eid Milan event brought together women from our community to enjoy lively games, socialize with friends, and indulge in delicious food.

On popular demand, a special kids' games corner was added for children aged seven and up. The young participants enjoyed a whirlwind of fun with games like Twister, Jenga, Family feud and more, ensuring there was something exciting for everyone.



Adults engaged in friendly matches of Scrabble, Carrom, Dadu, and Table Tennis, fostering a spirit of teamwork and joy. The event began with group games, setting a lively and enthusiastic tone for the day.

Following the games, attendees enjoyed a scrumptious lunch prepared by BEZ members, featuring delicious desserts that added a sweet touch to the day. The prize distribution ceremony was a highlight, celebrating the winners and participants alike.

The Ladies Games Gala was more than just an event; it was a day of fun, enthusiasm, and community bonding. It provided a perfect opportunity for women to relax, interact, and strengthen their connections. We eagerly anticipate more such events that bring our community closer together.





TOLOBA BOARD GAMES NIGHT

ABDULQADIR BHAI MALA

The atmosphere was filled with laughter and friendly competition as members navigated through games, strategizing, celebrating victories, and indulging in light-hearted entertainment. The presence of delicious pizzas added to the delight, making the evening a perfect blend of fun and food.



The Board Game Night not only highlighted the importance of leisure activities in strengthening community ties, but was also a testament to the vibrant spirit of the Toloba members, showcasing their ability to balance community service with moments of joy and relaxation.

Photos from the event capture the essence of this lively gathering, illustrating the enthusiastic participation and the joyful interactions that defined the evening. The success of the Board Game Night sets a promising precedent for future Toloba events, reinforcing the group's mission of community building through shared experiences and mutual support.



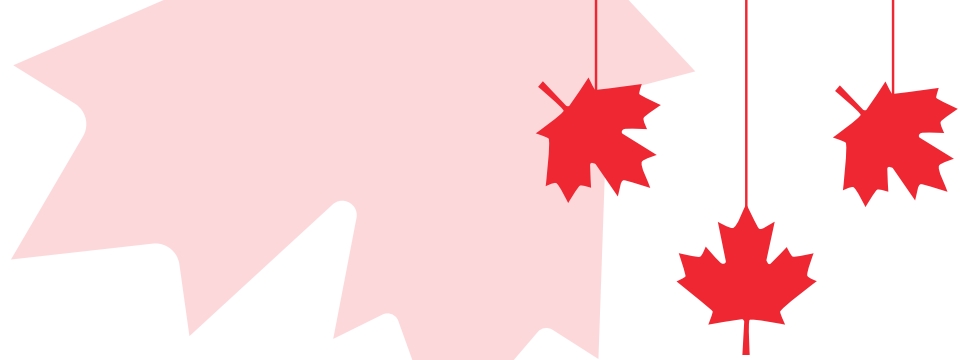


FMB: A GRAND PICNIC

HUSAIN BHAI CHOPDAWALA

On May 12, Huron Park in Mississauga was filled with excitement as families and children of FMB khidmatguzars gathered for a grand picnic. The event was a celebration to honour the dedication and hard work of all khidmatguzars who are involved in various khidmats including Procurement, Finance, Packaging, Menu Setting, Sector Support, Sector Depots, Caterers, Dana Committee, Thaali Delivery volunteers, and many more. These teams work tirelessly to ensure mumineen receive quality cooked meals, with the goal of attaining khushi of Aqa Maula (TUS).

Families arrived around noon, and soon the park was buzzing with laughter. Cricket, soccer, and frisbee games provided a fun and competitive environment for everyone. The lively atmosphere was perfect for capturing memories with selfies and group photos.



After Zohar and Asr imamnat namaaz, FMB Secretary Aliasgar Bhai Khokhar expressed his gratitude to all the khidmatguzars, emphasizing the importance of each role every member plays, as well as how their families were indirectly involved in FMB khidmat and the sacrifices they make every day. Janab Aamil Saheb Shk. Behlah bhai Ayman also eloquently highlighted the significance of this khidmat and its direct connection to Maula (TUS).

The day's highlight was the lunch of chicken rolls for kids, while adults savoured BBQ and fresh burgers. For those with a sweet tooth, baklava was the perfect treat. The FMB Working Committee is especially grateful to the Shabab volunteers for their efforts in preparing and serving the lunch.





With everyone well-fed, the hosts introduced a fun game called "Think & Sync" where couples shared family secrets. Janab Aamil Saab and Bhensaab set the tone as the first couple to participate, delighting everyone with their honesty.

As the day came to an end, everyone enjoyed a hot cup of tea, leaving with smiles. The picnic was a great success, and left everyone eager for the next one!



SEZ EID MILAN FESTIVAL 2024

ABBAS BHAI AKBAR



As part of increasing the community collaboration, camaraderie and connections, Shabab Mississauga this year organized the **Eid Milan Festival 2024**.

This was the second year of conducting this festival and we saw a massive participation from Mumineen coming together to celebrate the spirit of Eid Al Adha.



We saw more than 30 vendor stalls selling a good mix of products, services, food items and game stalls, ensuring there was something for everybody.

CURRENT EVENTS

There was a trackless train for kids, a bouncy castle, and a lot of games to keep the little ones occupied while the mumineen could shop around.

The festival was a showcase opportunity for a lot of small and home businesses, and we thank mumineen for coming forward and using this platform to create awareness.

We thank each and everyone who made it to the event and made the event a successful one. Until next year, see you at the next Carnival.....





EID MILAN FESTIVAL 2024

• FOOD • GAMES • SHOPPING • FUN •

• 23rd JUNE 2024 •

★ MEET OUR EXHIBITORS ★

We along with them, look forward to seeing you there.

FESTIVAL SUPPORTED BY

TITLE

WEST LAKE TIRES

PLATINUM

calibre
foodservice packaging

UDS
UNIVERSAL DATA SUPPLIES INC.

GOLD

R3

FIT TUNING
Canada

SILVER

FLY GLOBAL INC
MEET THE WORLD. FLY AWAY WITH US

SILVERSTONE RENOVATIONS LTD

2V GROUP

Saint-Louis-du-Ha!-Ha!

HUNAID VAHANVATY

Canada is a beautiful country with limitless natural beauty and a spirit of kindness. We are a hardy bunch who can withstand temperatures that would rattle our ancestors from tropical lands. Here are some quirky anecdotes about Canada that you won't get if you are not from **The Great White North**.

Farida and her friends were **Curling**, sliding stones on ice with a passion only Canadians understand.

Moiz is in awe of the Mounties, especially their iconic **Red Serge**.

Hussain and Mustafa enjoyed some delicious **Beaver Tails** while watching **The Leafs** play.

Ever heard of a **Toque**? It's perfect for the cold, and you can pick one up from a store in **Cardigan, PEI**.

Huzefa and Adnan searched their pockets for Loonies and Toonies (have nothing to do with Bugs Bunny) to get their **double-double** when they met up at their local **Timmys**.

Often using **"Eh?!"** at the end of sentences. It's not a shriek of shock, but a way to turn a regular sentence into a friendly question.



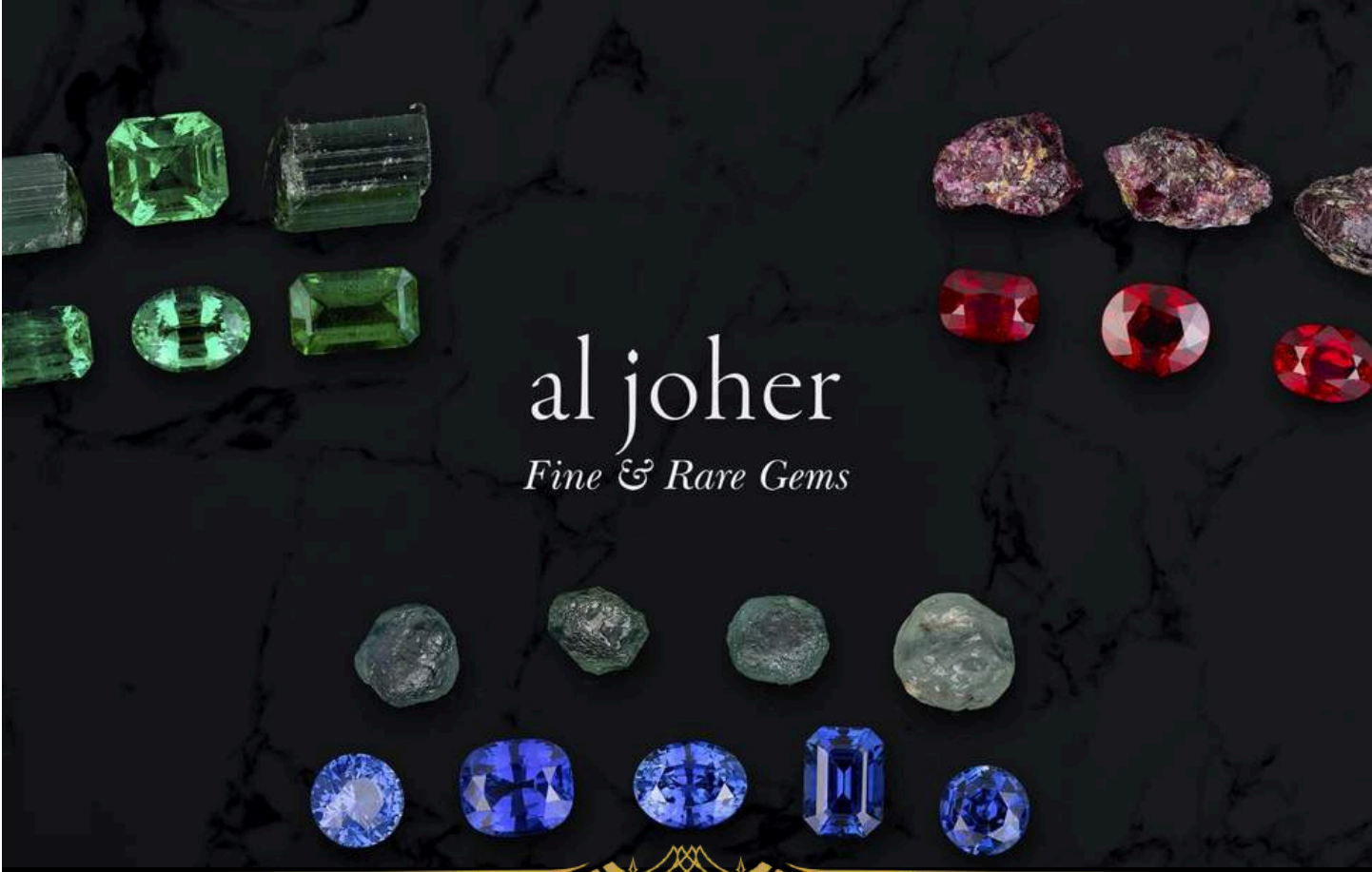
Zainab said to Lubaina, "There is a lot of traffic on the 401 Eh?!"

Shamoil was a happy **Canuck** when Alfiya got him some **Poutine** on their way to **Wawa Lake**. Not sure if I would eat that in a moving car though.

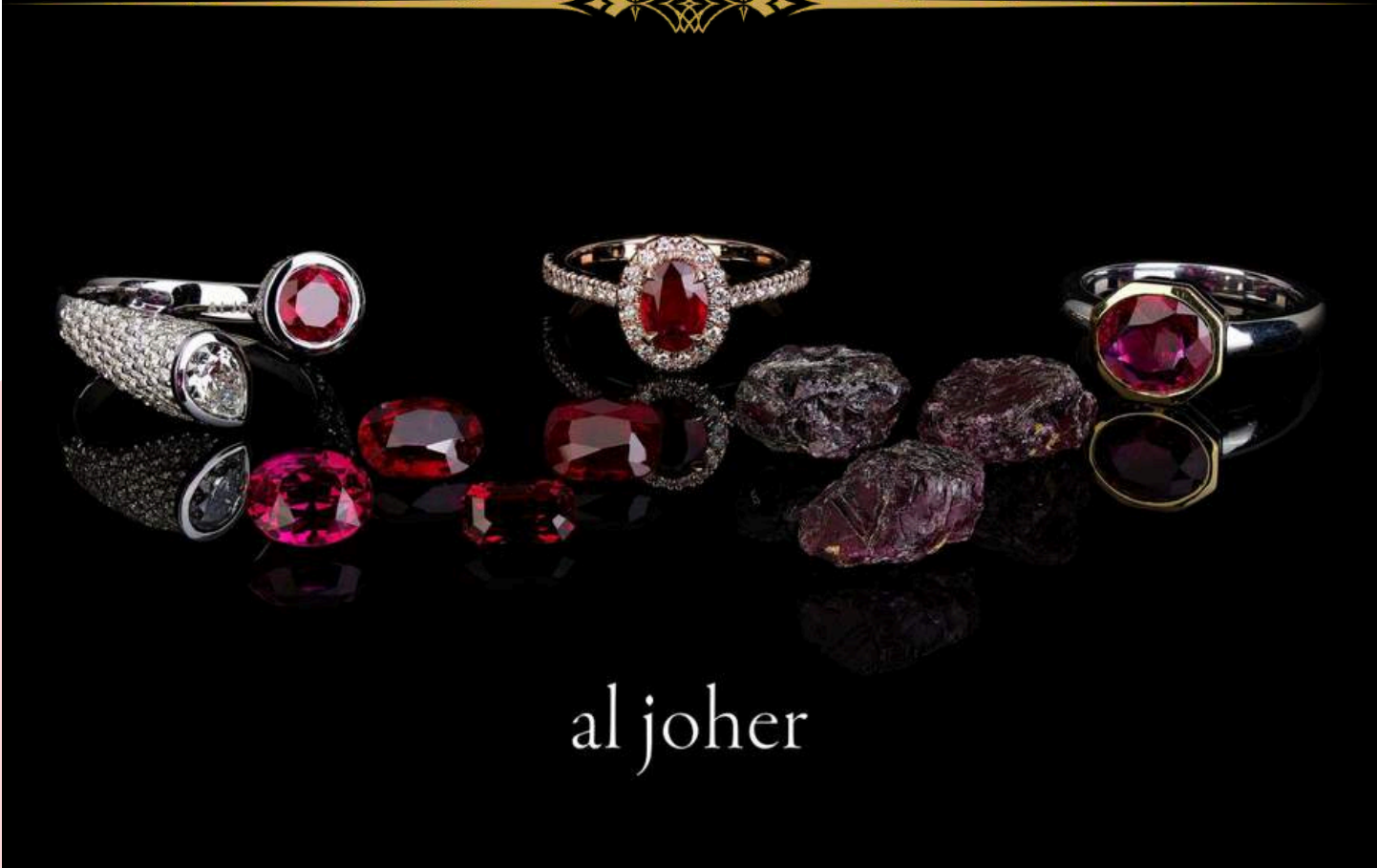
All I will say about **Ketchup chips** is that they are an acquired taste.

If you didn't understand the title or any of the sentences above, please google the bold words and increase your knowledge of the country we call home.

So next time your friendly neighbour asks you about your weekend, you can reply like a true **keener**.



al joher
Fine & Rare Gems



al joher

DON'T GLAMP, GO CAMP

RASHIDA BEN GANDHI



As the dull months of winter finally fade away and pave the path for the vibrant and festive summer, the daunting endeavour of camping in the woods looms upon us. But, don't fear! Camping isn't supposed to be a tedious and taxing experience. In fact, even a novice camper can enjoy and succeed at it. Follow these four crucial tips to brave the wilderness!



1

● The List

Not sure what to bring? Speak to a seasoned camper and get their list. Then, modify it based on your needs. Some things that are a MUST in the woods are an air mattress, portable stove, mosquito repellent and, of course, a tent.

2

● The Campsite

When booking your campsite, always book more than two nights. Otherwise, the pesky assembling and disassembling of the tent will take up all your time! Don't forget to book a site near the washroom to avoid midnight bathroom excursions amongst the bears!

3

● The Food

Avoid traditional curry-style food with flavoured rice. Go with more outdoor-friendly dishes that are less likely to attract mosquitoes like fajitas, spaghetti and burgers! And remember, pack just enough food to avoid bringing the dreaded, LEFTOVERS!

4

● The Activities

Camping isn't just about sleeping and eating in the wilderness. Make sure you plan for outdoor activities like canoeing, and scenic hikes. Oh! And don't forget the wood for the coveted campfire to ensure a delectable outdoors experience with aromatic tea, and scrumptious s'mores!

Finally, why camp and not glamp? Well, our fast-paced urban lifestyle has made us immune to truly experiencing the tranquil beauty of nature. That's why it is our Maula (TUS)'s decree to spend time in greenery to rejuvenate our senses and our perspective on life. You never know, you may discover the meaning of life hidden in the enchanting silence and aura of Mother Nature.

Dil Mango More!

Tasneem Ben Rakla-Anaswala

Mango season is upon us and it is divine! I love mango season - the build up alone is so exciting! The first mango usually makes its appearance around early May, and enthusiasts like myself, buy them optimistically for the hopes that the sweetness will touch our lips awakening those memories of mango filled summers from our youth, and then we can proceed to our WhatsApp groups to share the news that the "good" mangoes have officially arrived! The ones from Pakistan that is! Haha I kid I kid....maybe.

Realistically the first few were a sour disappointment, but now my friends, the mangos are plump with sweet meaty goodness so let the mango creations begin!



Mango season accompanies our ever increasing summer heat waves (global warming people!), so making cold refreshing recipes is a no brainer. Also, I don't know if it's just me, but summer drinks cool me down more when they look pretty too, after all you eat/drink with your eyes first! So what better way to prepare delicious golden yellow mangoes, than to pair them with the equally beautiful and radiant strawberry. The blend of the creamy sweet mango, and the subtle sweet and sour strawberry is a dawat in your mouth. The mint adds another depth of flavour and aids in digestion, which is always an added bonus. So at your next BBQ, Mithishitabi, or Double Club, whip up a batch and enjoy before the mangoes leave us again!



Mango Strawberry Mint Chiller

INGREDIENTS

500g fresh cut mango
300g fresh strawberries (you can use frozen too)
Handful of mint leaves
200ml water
200g coconut milk
1 tbsp date syrup
Juice of 1 lime

METHOD

Blend cut mangoes, coconut milk, 150ml of water, and lime juice into a blender.

Fill chilled glasses 2/3 of the way. Rinse blender and now blend strawberries, mint, date syrup and the remaining 50ml of water.

Fill the remaining 1/3 of the glasses with strawberry mint blend. Top with fresh mint leaves and serve!

*This can be made ahead for a party. Keep the mango blend and strawberry blend refrigerated separately and pour right before serving!

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Issue 7



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OPTION ONE - \$53

Logo / Brand Image / Brand
Slogan

OPTION TWO - \$153

Half page advertisement
7.5" by 5"

OPTION THREE - \$253

Full page advertisement
7.5" by 9"

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